

Heat Policy – 2010

This policy outlines the VAFA Heat Policy in regard to hot weather conditions during training.

The policy is for the guidance of umpires on days of high temperature, to inform them how training will be affected by hot weather.

On days where the temperature is forecast to be in excess of thirty-five degrees:

- At 3.00 PM, confirm the current Melbourne temperature on the Bureau of Meteorology website. This can be reached via www.bom.gov.au
- If the temperature is above 30 degrees, training will proceed, however the specific program for the day will be modified accordingly.
- If the temperature is above 35 degrees, the modified program will go ahead, but the decision to attend will be up to the individual umpire, i.e., training is not compulsory.
- If the temperature is above 40 degrees, there will be no formal training, i.e., training is cancelled for that day.

Irrespective of the temperature, pre season is a vital component of our preparation for the season. On nights where umpires cannot attend training or training is not being held, it is up to the individual to continue their preparation for the season. This might include a gym session, cycling or swimming.

For any questions about this policy, please see the coaching staff.

Role	Responsibility
Author	Brad Lowe
Owner	Head Coach
Input	Fitness Coach Director of Umpiring
Approved	VAFA Umpires' Association (President)